

# Elite Medical Supply – Elite LSO (Venum X)

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LSO (Lumbar Sacral Orthosis) lends support and immobility to non-surgical or surgical patients with low back pain. The appropriate brace has been determined by your health care professional. Please take the brace with you to the hospital if you have been scheduled for surgery.

## **FITTING INSTRUCTIONS:**

- Place brace around your back, with back plastic panel centered on your spine and the curve on back panel directly over your spinal curvature.
- Place left soft belt panel against your abdomen.
- Place right soft belt panel with hook interface over left panel and press down firmly.
- Pull ergonomic handles outward to achieve desired compression and fasten onto front soft panel (With desired compression, pull handle ends up near midline).

## **TO REMOVE SUPPORT PANELS (Sides, Front and Back Panels) IF ADVISED:**

- Remove the side supports by lifting off the top and bottom Velcro tabs. Remove the abdominal panel by sliding out of the left front inside pouch. To remove back panel, detach the Velcro flap covering the compression system. Slide the fabric off around the hard plastic back panel, exposing the loop holding panel in place. Slide elastic loop over the hard plastic back panel.

## **GENERAL OPERATING INSTRUCTIONS FOR LSO WITH DLK ATTACHMENT:**

- Put brace on as you would a back pack, by putting your arms through the shoulder straps.
- Follow above instructions to put on lower part of the brace.
- Tighten your shoulder straps on each side. The straps should be tight enough that you cannot bend forward.

## **ADDITIONAL INFORMATION:**

- The brace should be worn over a snug fitting T-shirt. Skin irritation can occur if worn directly on the skin. Your shirt should be changed if it becomes damp to avoid irritation.
- Remove all plastic panels before cleaning brace. Hand wash the fabric with mild soap and cool water. Rinse well and allow brace to completely air dry.
- DO NOT expose brace to direct heat source (heater or sunlight). Never iron, dry clean or use any substances containing chlorine.
- Warranty: Free repair or replacement for manufacturer's defects within 90 days of the date fitted
- Contact Elite Medical Supply (1-866-712-0881) with any questions, comments, or concerns