

Elite Medical Supply –Venum LSO

LSO (Lumbar Sacral Orthosis) lends support and immobility to non-surgical or surgical patients with low back pain. The appropriate brace has been determined by your health care professional. Please take the brace with you to the hospital if you have been scheduled for surgery.

FITTING INSTRUCTIONS:

- Place the brace around your waist and center the back panel on your back. The bottom of the brace should be level with your tailbone.
- Align left front panel over your abdomen and press firmly with your left hand. Pull right side of front panel over the left.
- Using the arthritic thumb grip, detach the straps and pull strap away from your body. They should be pulled as tight as possible.
- Secure the compression straps to the center of the brace.
- Ensure that the orthosis fit is snug and does not cause any discomfort.
- When removing the brace release the compression straps by pulling them off of the front of the brace and reattaching the straps to the sides of the brace. Remove the right front panel from the left front panel.

TO REMOVE SUPPORT PANELS (Sides, Front and Back Panels) IF ADVISED:

- Remove the side supports by lifting off the top and bottom Velcro tabs. Remove the abdominal panel by sliding out of the left front inside pouch. To remove back panel, slide brace out of the panel's sleeve.

GENERAL OPERATING INSTRUCTIONS FOR LSO WITH DLK ATTACHMENT:

- Put brace on as you would a back pack, by putting your arms through the shoulder straps.
- Follow above instructions to put on lower part of the brace.
- Tighten your shoulder straps on each side. The straps should be tight enough that you cannot bend forward.

ADDITIONAL INFORMATION:

- The brace should be worn over a snug fitting T-shirt. Skin irritation can occur if worn directly on the skin. Your shirt should be changed if it becomes damp to avoid irritation.
- Clean the brace by hand washing it with a mild soap and then allow to air dry.
- Warranty: Free repair or replacement for manufacturer's defects within 90 days of the date fitted
- Contact Elite Medical Supply (1-866-712-0881) with any questions, comments, or concerns